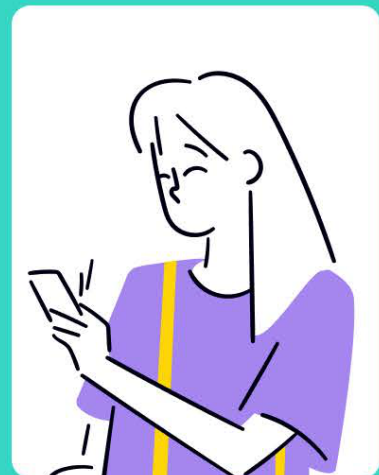


Employee Engagement Calendar for **SEPTEMBER 2022**

Learn innovative solutions to
improve engagement.



TIP:

September is the peak of flu season. Ensure your employees are healthy. If anyone falls sick, turn to Amzo doctors for care. With unlimited doctor consults and 24X7 chat facility, we're here to help, every step of the way.

September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Letter Writing Day 	2	3
4	5 Teachers Day 	6	7	8 World Physical Therapy Day 	9 International Sudoku Day 	10 Swap Ideas Day 
11	12 Employee Exchange Day 	13 Positive Thinking Day 	14 Coloring Day 	15	16	17
18	19 International Week of Happiness at Work 	20	21 World Gratitude Day 	22 Dear Diary Day 	23	24
25	26 HR Appreciation Day 	27	28	29 World Heart Day 	30 International Podcast Day 	

WHAT YOU CAN DO:

Find, simple yet engaging ways for you and your colleagues to celebrate each day & make the most of it!

September

1 THURSDAY 

Letter Writing Day

Pick up a pen, grab a piece of paper, and write a letter to your friend at work. Tell them how you feel, or simply say thank you :)

5 MONDAY 

Teachers Day

Be it your boss, mentor or manager, thank those who encourage you because they see your potential.

8 THURSDAY 

World Physical Therapy Day

Gain awareness about the contributions physiotherapists make to enable people to be mobile.

9 FRIDAY 

International Sudoku Day

Train your employees' brains with this fun Friday game in the office. The winner gets a prize!

10 SATURDAY 

Swap Ideas Day

Exchange ideas, trade viewpoints with your coworkers. Who knows, you may even solve a critical solution.

12 MONDAY 

Employee Exchange Day

You and your manager can switch places for the day and see how the other one spends their day.

13 TUESDAY 

Positive Thinking Day

Are you the glass half empty kinda person? Change that today. This day is all about positive thinking.

14 WEDNESDAY 

Coloring Day

Who says coloring is only for kids? Grab an adult coloring book, your favourite cup of chai, colour away and let the destressing begin.

19 MONDAY 

International Week of Happiness at Work

Everybody wants to be happy at work too. As an HR, it's time to make each and every one of your employees happier. Keep them engaged with these activities and give them amazing health benefits.

21 WEDNESDAY  **22** THURSDAY 

World Gratitude Day

Whether it's your boss, coworker, family member or friend, show your gratitude. Don't shy away.

Dear Diary Day

Use a diary to express your thoughts. It reduces anxiety and helps cope with your workplace stress.

26 MONDAY 

HR Appreciation Day

HRs are vital and essential to every company. There are times, they may not get enough credit for what they do. It's time to show them some love!

29 THURSDAY 

World Heart Day

This day is to increase public awareness of cardiovascular diseases, their prevention, and their global impact. So, spread the word and help those who need it.

30 FRIDAY 

International Podcast Day

There are plenty of podcasts by experts who can help you learn & grow. Listen away.

Stay ahead of the
curve with modern
health benefit